

674 Hillsdale Drive Suite 9, Charlottesville VA 22901 Phone: (434) 817-5222 Fax: (434) 817-5230 www.jabacares.org

CONTINUING CARE RETIREMENT COMMUNITIES

A Continuing Care Retirement Community (CCRC) is a residential community for seniors offering medical and nursing services in addition to independent living. CCRCs differ in the amount of health care they offer residents.

An "extensive" facility provides food, housing, medical services, assisted living and nursing care for the remainder of the resident's life, frequently even after financial resources are exhausted. It can be thought of as a form of self-insurance, spreading the risk of catastrophic health care costs among all residents in the CCRC so that no one will face financial ruin. Because of the health care guarantee, this type of facility is usually the most expensive. Other facilities do not offer a health care guarantee through the end of life and their base fees may be lower.

A CCRC generally charges a one-time entry fee and a monthly maintenance fee. Some CCRCs may offer a reduced entry fee accompanied by proportionally higher monthly fees. Financial arrangements for services and health care choices vary from facility to facility. For example, if nursing care is needed, there may be additional costs.

CITY OF CHARLOTTESVILLE

Martha Jefferson House

1600 Gordon Ave Charlottesville, VA 22903 (434) 293-6136

FAX: (434) 295-859

www.marthajeffersonhouse.org

Martha Jefferson House is a non-profit retirement community operated under the direction of a volunteer Board of Directors composed of Charlottesville area business, professional and service leaders. The facility is built around a 1921 Georgian-style home, with spacious grounds and gardens. It is conveniently located in an established residential area adjacent to the University of Virginia. Catered independent living, assisted living and infirmary (nursing) care are all available on-site.



ALBEMARLE COUNTY

The Colonnades

2600 Barracks Rd Charlottesville, VA 22901 (434) 963-4198 or Toll-Free (800) 443-8457 FAX: (434) 963-4108

www.sunriseseniorliving.com

The Colonnades is located on 59 picturesque acres. Sponsored by three University of Virginia Foundations, it offers 180 apartments and 40 cottages for **independent living**, 44 private studio apartments for **assisted living**, 54 beds for **nursing care** and 16 beds for **dementia care**. Independent living residents can choose straight monthly

fees or endowment programs that lower the monthly fees. Assisted living fees are based on the level of care. Amenities include restaurant-style dining, a cocktail lounge, living room, community rooms, crafts center, library and heated swimming pool. Residents enjoy dining, housekeeping, transportation, activities and a wide variety of other services.

The Lodge at Old Trail

330 Claremont Ln Crozet, VA 22932

(434) 823-9100; Toll-Free (888) 830-0955

FAX: (434) 872-3179 info@lodgeatoldtrail.com www.lodgeatoldtrail.com

The Lodge at Old Trail, opened in 2012, is located in the Old Trail Village development in Albemarle County. It includes The Ridges, 67 one- and two-bedroom independent living apartments; 40 studios, one- and two-bedroom Piedmont Assisted Living apartments featuring an array of personal and healthcare services; and The Seasons, a secure memory care center with 16 units for residents needing dementia care. It does not offer a skilled nursing unit. Amenities include community rooms, dining options, fitness room, salon, library, art studio, secure parking garage and programs for residents with varied interests. Old Trail Village offers a coffee shop, wine bar, restaurant, golf course, pool and walking trails. Pets are welcome. One-year leases with no entrance or endowment fees.

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Our Lady of Peace

751 Hillsdale Dr Charlottesville, VA 22901 (434) 973-1155 FAX: (434) 973-3397

www.our-lady-of-peace.com

Our Lady of Peace is a non-denominational, non-profit retirement community sponsored by the Catholic Diocese of Richmond offering **independent**, **assisted living**, **nursing care** and **memory care**. There are 112 spacious apartments with no entrance fees and month-to-month leasing. A variety of customized services are offered to residents. When health care is needed, there are 30 intermediate nursing beds.

Rosewood Village at Hollymead Town Center

2029 Lockwood Dr Charlottesville, VA 22911 (434) 963-7673

FAX: (434) 963-7670

www.rosewoodvillage.com

Rosewood Village at Hollymead Town Center offers a variety of apartment options for currently healthy people who want to secure their healthcare plan throughout the aging process. It consists of **independent**, **assisted living** with three increasing levels of care (Village 1, Village 2, and Village 3) and **Innovations-Memory Care.** Amenities include a computer room, library, movie theater, beauty and barber shops, resident transportation, a garden and patio, wellness center, spas with hydrotherapy tub, resident parking, a security gate, and a heated indoor therapy pool. All pets are welcome.

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Westminster-Canterbury of the Blue Ridge

250 Pantops Mountain Rd Charlottesville, VA 22911 (434) 972-3100, (434) 972-2622 or Toll-Free (877) 682-9227

FAX: (434) 972-3288

www.westminstercanterbury.org

Westminster-Canterbury of the Blue Ridge (WCBR), located on 66 acres on Pantops Mountain, is a nationally accredited CCRC offering a full continuum of care including **independent living**, three levels of assisted (catered) living, and intermediate and skilled nursing care. Its VISTA memory enhancement program cares for seniors with Alzheimer's disease or other forms of dementia. WCBR offers 65 cottages and 203 apartments for independent living. The catered living building offers 45 studios and suites, and the Health Center offers 54 nursing care rooms and 12 VISTA rooms. All accommodations are private.

As a life care community, WCBR provides seniors access to a wide range of services, programs and staff to meet both temporary and long-term care needs at no additional cost. A full-service rehabilitation department offers on-site physical, occupational and speech therapy. WCBR admits directly to assisted living and the dementia care program when space allows for nonresidents. Direct admission to its health care center (nursing care) is not available for nonresidents.

This list is provided for informational purposes only. Inclusion does not imply endorsement of an organization or its programs or services, nor does omission reflect disapproval. JABA cannot guarantee the accuracy of the information it receives from provider.

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